

# Alexander T. Polgar

## **The Use of Standardized Instruments to Augment Clinical Formulations**

The premise of this workshop is that all mental health professionals ought to use standardized instruments to augment clinical assessment formulations and to augment formulations about the effectiveness of their clinical practice. Emphasis is on the concept AUGMENT, whereby the two activities inform each other with more or less equality.

The workshop is introductory and covers the basics of measurement in the social sciences. A sampling of standardized instruments is provided distinguishing between measures that are based on self report and those that measure ability.

The workshop also covers the statistical principles involved in interpreting scores and the practice principles involved in using standardized instruments. The goal is to demystify the use of standardized instruments and thereby entice workshop participants to learn more so that measurement becomes an essential integrated element in their practice.